



FAMILY
CONVERSATION
GUIDE

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TILTINGFUTURES.ORG



Don't just adapt to the future – **tilt it.**

When it comes to exploring possible educational paths, we know there's a lot to consider as a family. **This is a guide to help you decide if Take Action Lab is a good fit.**

We'll cover the main conversation topics you should bring to the table together: Access, Culture, Trajectory, Insight, Opportunity, and Network. To make it easy to remember... think ACTION!

Each topic represents a key motivation for joining Take Action Lab. We find that students who align with these goals excel in the program and beyond.

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TLTN TAKE ACTION LAB

SOUTH AFRICA



At a Glance

Take Action Lab is an immersive learning program where students learn how to create a meaningful impact on human rights issues during a semester in South Africa.

Students expand their global perspective and sense of purpose through a research-backed curriculum, cultural immersion experiences, and apprenticeships with organizations advancing human rights issues.

They make friends and mentors for life and graduate into a community of changemakers from across the world. With Take Action Lab, students develop the skills, network, and insights they need to lead fulfilling lives that create positive change.



ELIGIBILITY

Students worldwide post-high school, ages 17-21

TUITION

\$21,000 USD
[Scholarships available](#)

TERM LENGTH

4 weeks online and 12 weeks in Cape Town, South Africa



Access

Get access to mentors, peers and projects that make an impact

Take Action Lab offers a research-backed curriculum designed to foster self-discovery and a global orientation. Throughout the semester, you'll get access to a wide range of workshops, seminars, and guest speakers.

For your apprenticeship, we'll help you team up with an organization that's contributing to causes from the UN's Universal Declaration of Human Rights: Food Security, Education, Women's Rights, Youth Empowerment, and Human Migration. You'll get to work on meaningful projects, learn from an experienced mentor, and get an on-the-ground understanding of important global issues.



[Explore Apprenticeships](#)

"I learn from my apprenticeship mentors every day. It's just a life-changing experience, honestly."

Madhav Prakash
(India | South Africa '23)



Culture

Experience a different culture in a safe, supportive, and structured way

Broaden your perspective of the world. Each week includes cultural activities and excursions to deepen your understanding of the country's historical context and cultural traditions.

As with any overseas experience, safety is paramount. Tilting Futures is accredited by the Gap Year Foundation for meeting the highest standards in risk management and program quality. We have policies, training, and staff exclusively dedicated to health and safety.

➔ [More on Health & Safety](#)



98%

of Tilters can better relate to people of different races, nations, and religions

“It opened my eyes to a lot of stuff that you never see in the States. It sparked a fire in me.”

Alex Ye
(United States | South Africa '23)



Trajectory

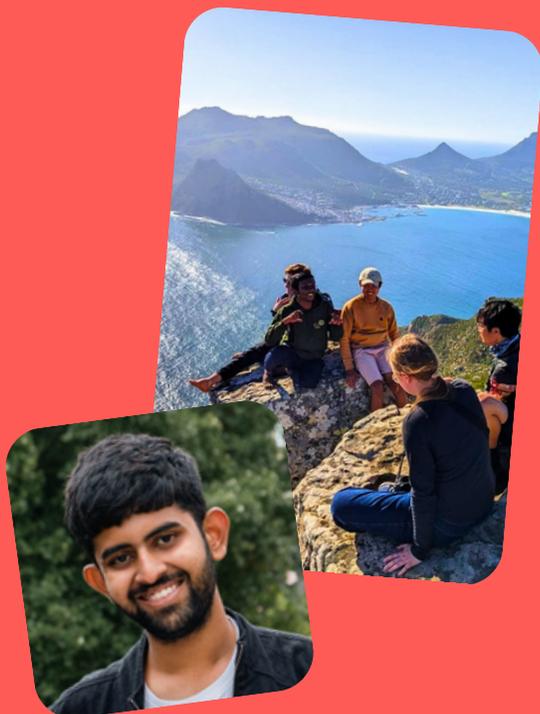
Enhance your future study with practical skills that help you get ahead

Textbooks and lecture halls can only take you so far when you want to become a changemaker. Getting hands-on experience makes all the difference. Take Action Lab is a chance to develop real-world skills for responsible and sustainable impact.

Students emerge with a renewed sense of agency toward their future. Plus, experience with budgeting, meal planning, and other 'adulting' life skills increases students' confidence and independence.

93%

of Tilters feel better prepared to make the most of higher education



“You learn how to be proactive and communicate. You get real-life work experience before you actually start working or go to college.”

Arman Singh

(India | South Africa '23)



Insight

Gain valuable insight into yourself and what matters to you

This stage of life is the ideal time for exploration and trying potential futures on for size. Through your apprenticeship, you'll get real experience in an area you're passionate about.

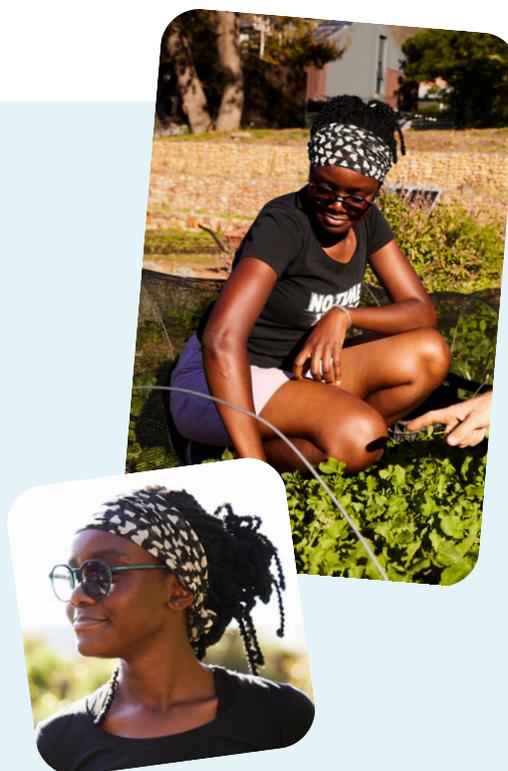
Pair this with our research-backed curriculum to gain new clarity into yourself, your career goals, and academic focus. We'll help you explore your place in the world, decipher the systems you aspire to change, and figure out how to get started.

[!\[\]\(8d0f0e0fe25b320c33272c52aec1fbca_img.jpg\) Download the Curriculum](#)

96% of Tilters **became more hopeful** about the future.

"I'm more confident in myself and in what I want to pursue for my career. This global community has taught me so much."

Natasha Sikinyi
(Kenya | South Africa '23)



Opportunity

Enhance your CV and stand out among college and job applications

Take Action Lab is designed to build the true power skills of the 21st century - soft and hard skills respected within any industry, college, or company. Raise your profile with international experience and examples demonstrating cross-cultural collaboration and problem-solving.

A growing number of [colleges and universities](#) partner with Tilting Futures and actively encourage their students to enroll. Our education partners recognize the importance of developing self-awareness and a global perspective and their Admissions Committees look favorably upon our graduates.



“This program was my first exposure to a reality very different than my own. It was the first thing I put on my CV for development experience.”

Karina Lisboa Bå Sund
(Norway | Senegal '17)

Karina is an economist at the United Nations.

Network

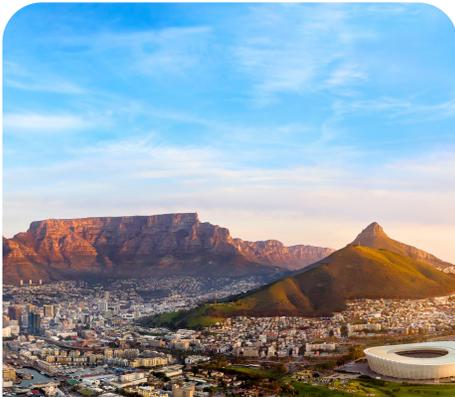
Build valued connections for life

Join a global student community that's open-minded, adventurous, and there to support each other. A typical Take Action Lab class has 50 students coming from 25+ countries and speaking 50+ languages!

The program is just the beginning. You'll graduate into a lifelong community of 2500+ alumni who are at colleges and companies across the globe. Whether you're looking for collaborators on your next project, career advice, or a couch to crash on while traveling abroad - our network is here for it.



[Meet our Alumni](#)



"This community is pure magic —
it unleashed a new dimension in my life."

Angela Busheska

(North Macedonia | Academy '20)

Anglea created an app to fight climate change and was named to 'Forbes 30 Under 30' in Europe.

Connect with us

Join an Info Session

Learn more from our admissions team and alumni at an upcoming IG Live or Zoom event.

➔ [See Upcoming Events](#)



Introduce Yourself

Have questions? Our friendly admissions team is here to help. Send us an email.

➔ admissions@tiltingfutures.org

Ready to **tilt** your future?

➔ [Apply now!](#)

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