TAKE ACTION LAB

Accelerator

CURRICULUM OVERVIEW

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TAKE ACTION LAB



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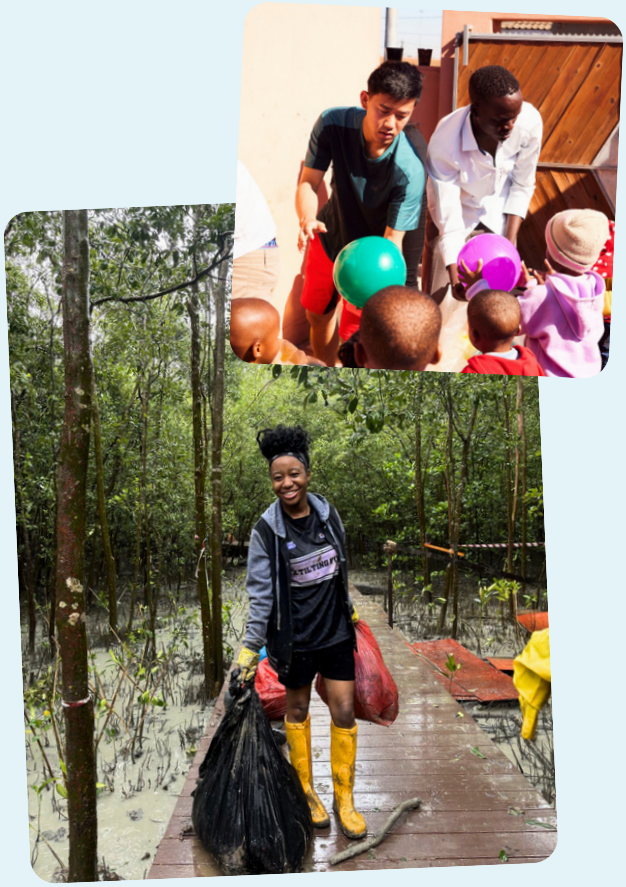
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Take Action Lab is a holistic learning experience blending **personal**, **professional** and **academic** learning through all parts of our program.



Often these three areas are treated as separate entities, but we know that real life and learning are not like that. For example, how students lead will reflect who they are, as well as their knowledge, skills, and experiences. So, we've designed Take Action Lab to weave together all these aspects and be a program where theory meets practice.

Take Action Lab Learning Outcomes

With our Curriculum Pillars at the heart of all we do, students will:

Forge enduring relationships and develop community, trust, and a supportive culture within their cohort.

Analyze how their experiences and cultural identity have shaped their sense of self and worldview.

Discover how to responsibly and respectfully serve a community.

Transformative Learning

We encourage students to go beyond their comfort zone as they interrogate and challenge themselves, their ideas and the world around them. Our goal is that they leave Take Action Lab with new skills and mindsets and feel hopeful that they can make a difference in the world.

SELF AWARENESS

Students reflect on their values, identities, and assumptions to better understand their role in the world and how power, privilege, and history shape perspectives and experiences.

WELLBEING

Students develop resilience and emotional regulation in the face of complexity and uncertainty.

SENSE OF AGENCY

Students explore their role and motivation in relation to community and global challenges.

INTER-RELATEDNESS

Students recognize their interdependence with others and the natural world.

GLOBAL PERSPECTIVE-TAKING

Students embrace curiosity and openness to multiple ways of knowing and consider how culture and identity shape worldview and action.

EMPATHY

Students cultivate empathy and deep listening across lines of difference and build trust and relationships rooted in mutual respect and care.

Systems Transformation

We support students to think about how they can play a role in creating more just and life-enhancing systems for all.
Students build on their learning in Take Action Lab as they navigate the complexities of contributing to, and leading, positive change in their own communities and contexts.

Students apply critical self-awareness to lead or contribute meaningfully by challenging inequities and co-creating alternatives that center fairness and dignity.

Students engage constructively in change processes, even in ambiguous or high-stakes contexts, and sustain both their own and the community's wellbeing through the process.

Students align their actions with collective efforts to build fair and life-enhancing systems.

Students design or support solutions that honor relational systems and ecological balance.

Students integrate diverse knowledge systems into innovative, context-specific solutions and design or advocate for culturally responsive practices, policies, or programs.

Students facilitate inclusive dialogue and collaboration to address collective challenges and can mobilize collective action through community-building and partnership.

How can I get College Credits for Take Action Lab?

Take Action Lab Accelerator Program is a **12 Credit Program.** There are 2 ways you could earn accademic credits:

Via Your Own Institution

Students are encouraged to utilize our curriculum to seek academic credit for our program from their own institution. Each year students are successful in doing so across many universities, especially those in the US. While some get a few credit hours for things like experiential learning, a degree requirement or work experience, others seek a full term of credit. We cannot guarantee that your institution will grant you the credits, but we encourage you to explore this option via your academic advisor or international office. We will be here to support you in those conversations.

Via University of Pittsburgh

University of Pittsburgh

College Credit Track is available, allowing students who are enrolled into our school of record (University of Pittsburgh) to earn up to 12 transferable academic credits. Please note, for those interested in earning 12 credits from the University of Pittsburgh, an additional application & elevated cost of enrollment is required.

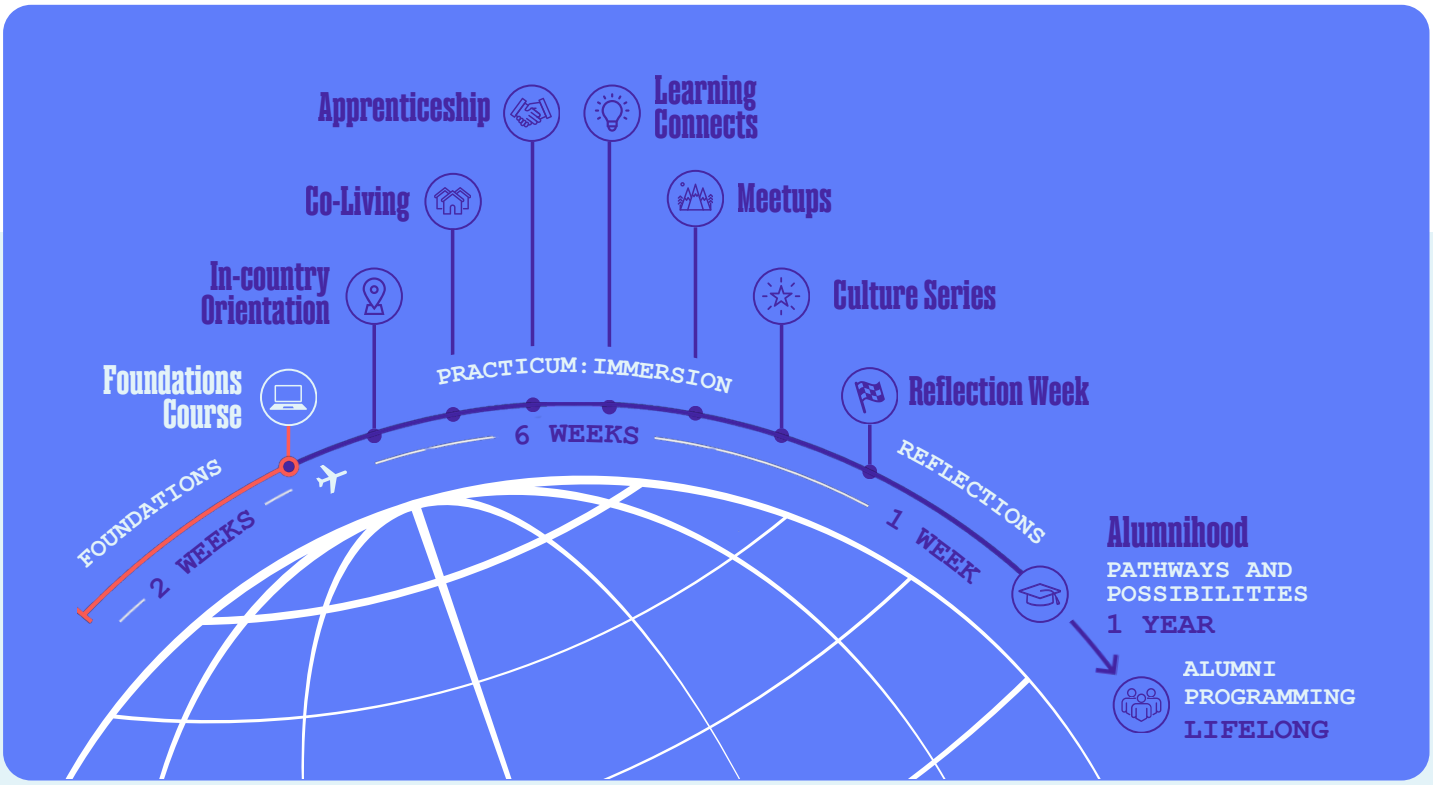
Syllabi

Our program is organized around 3 syllabi that each have specific learning outcomes and may be mapped for academic credit: at the University of Pittsburgh, these map to Sociology and Political Science courses; your university could be different.

Civic Innovation/ Environment & Sustainability	3 Credits
Systems Thinking for Social Change	3 Credits
Global Social Impact Apprenticeship	6 Credits

Component Parts of Take Action Lab

The Take Action Lab Curriculum Pillars and Learning Outcomes are integrated into all parts of the program.



Pre Departure

101 Courses

Our 3 asynchronous 101 Courses give students foundational knowledge and level setting as they come into the program. Students can self pace through these courses once they have enrolled onto Take Action Lab.

- An Introduction to South African or Malaysian History
- An Introduction to Systems Thinking
- An Introduction to Civic Innovation or Environment & Sustainability

Foundations

Our Foundations Course is a 2 week online course with expert instructors, delivered in small group synchronous sessions 3 times a week, and supplemented by pre-work and reflections. These highly engaging sessions prepare students to be humble, curious learners, engage with the theme of the program and help them build an intentional community as they engage with their diverse cohort.

WEEK 1
Take Action Lab Curriculum Pillars and cohort building

WEEK 2
Civic Innovation Case Studies from South Africa

In Country

Orientation

Orientation week supports students as they transition into their host country and community. Students receive an introduction to their new city, co-living, and all aspects of the Take Action Lab program; gain important health and safety knowledge and skills; and continue to build community with each other and the TAL team.

Co-Living

Students find community and a sense of home in their shared house with other Take Action Lab students. Through cooking meals together, sharing stories, and making plans with new friends from all over the world, students experience deep intercultural immersion.





Apprenticeship

Students are placed in an apprenticeship with an organization working in Civic Innovation in Cape Town or Environment and Sustainability in Penang. They work at this organization Monday - Thursday each week, with guidance from their Apprenticeship Supervisor and supported by a Take Action Lab Program Coordinator Mentor. During the week they complete work for the organization, as well as specific tasks that support their learning and growth:

- 1:1 Meetings with their Supervisor and TAL Mentor
- A weekly Professional Reflection

The Accelerator Challenge

In the Accelerator Challenge students use the city as both a curriculum and a campus to explore their own inquiry questions. They work towards the Festival of Learning, held in their final week, where they will showcase their work. A series of challenges, such as setting up interviews with community members, supports students to deepen their inquiry and go beyond their comfort zones.

Previous Challenges have investigated gender-based violence, housing and the tourism economy, language and education policy, gang violence, informal finance, migrant experiences, organic and hydroponic farming, thrifting culture, and what makes young people feel like they belong in the city.







Weekly Learning Connects

Every Friday students take part in a series of visits and workshops designed to help them apply a systems lens to their experiences in-country, reflect on their Apprenticeship experience, support them in their Accelerator Challenge and build community.

Meetups

Students have the opportunity to explore beaches, go hiking, and visit other must-see attractions in Cape Town and its surroundings.



Cultural Series

Every week, students can participate in a workshop to learn more about the music, history, dance, and art of Cape Town, immersing themselves in the diverse aspects of the local culture.

Wrap Up

The final week in-country is spent consolidating learning and preparing for future impact. Students present their work, reflect on their learning, and take part in future-oriented workshops to consider how they will take the lessons from Take Action Lab forward and continue their development as ethical changemakers. They also get an opportunity to say meaningful goodbyes and to celebrate their achievements.

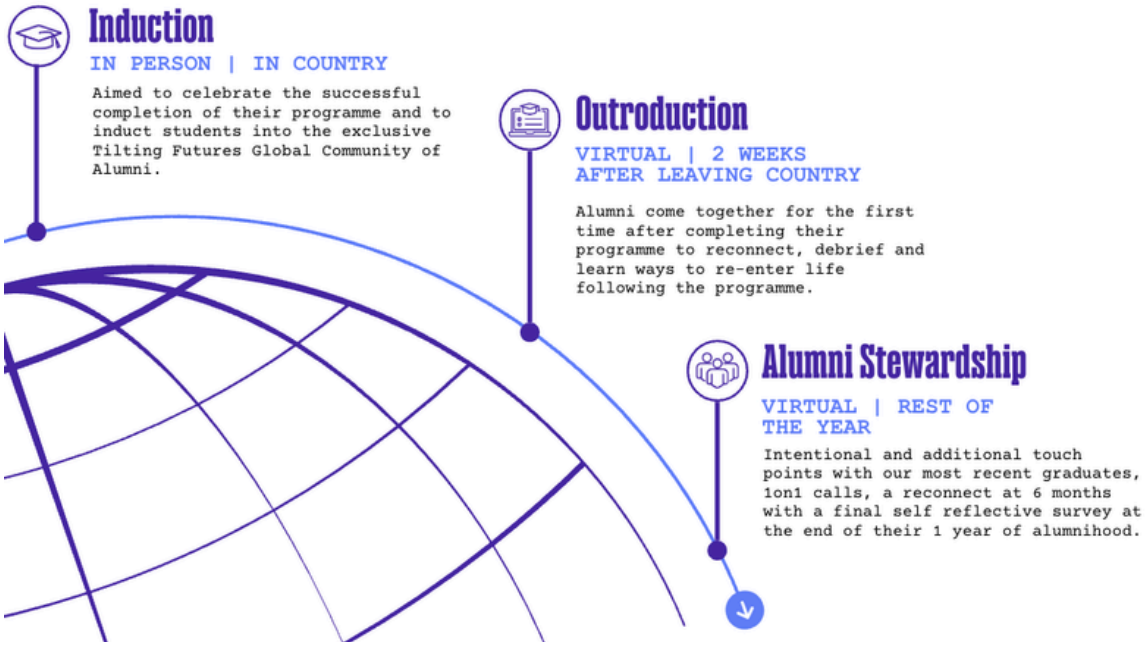
- Festival of Learning
- Speak Ups

Alumnihood

The alumni's journey after graduating is divided into two key components, Pathways and Possibilities, and Alumnihood.

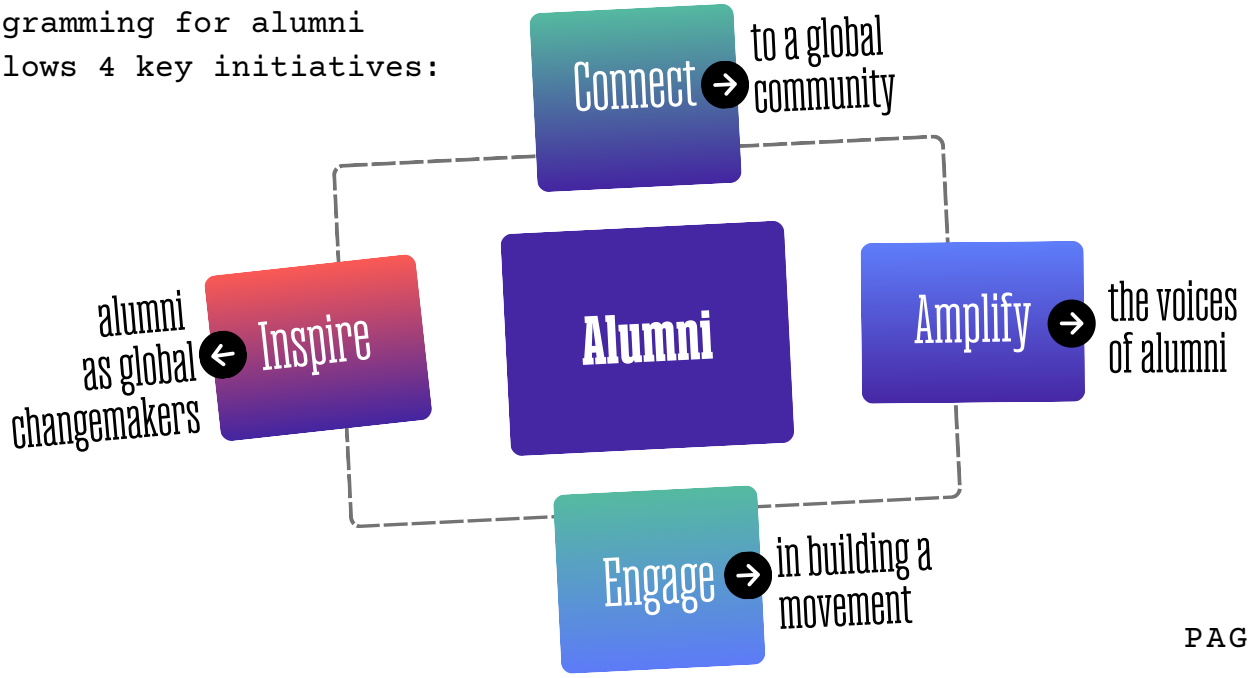
Pathways and Possibilities

Pathways and Possibilities is the final pillar of the programme supporting students' transition from participants to Tilting Futures alumni.



Alumni Programming

Programming for alumni follows 4 key initiatives:



ALUMNI AMBASSADORS
A diverse group of dedicated graduates who believe in Tilting Futures' mission and actively collaborate to empower young people to drive global change. They also gain access to exclusive trainings and opportunities for continued growth.

LEADING IDEAS
Showcases innovative ideas and perspectives that are influencing and transforming the world today.

WORK WONDERS
A virtual session where Tilting Futures alumni share their career journeys to inspire others exploring diverse professional paths.

EXPERT-LED WORKSHOPS
Brings experts together with Tilting Futures alumni to share insights, build skills, and spark inspiration.

GLOBAL GATHERING
An annual virtual gathering of alumni with speakers and events.

PARTNERSHIPS
Exclusive collaborations with global organizations that offer valuable opportunities for internships, continued learning, and leadership development.

ALUMNI SPOTLIGHTS
Amplifying the voices of our alumni doing impactful work across the globe.

ALUMNI DIGEST
With news and updates on opportunities curated for our alumni.

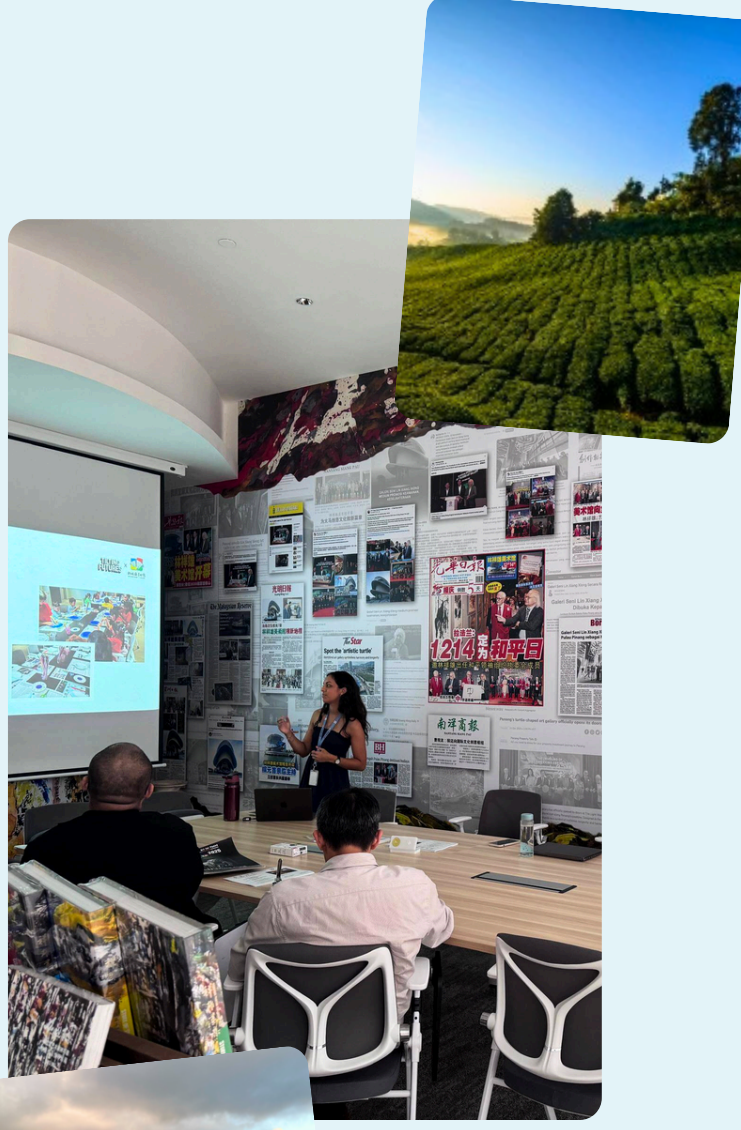






APPLY NOW

Our Other Programs



TAKE ACTION LAB
Environment & Sustainability

PENANG ISLAND, MALAYSIA

FULL SEMESTER
FEBRUARY TERM | AUGUST TERM

Students get to be at the forefront of environmental and sustainability efforts while living in a city at the intersection of high-tech innovation, green urban sustainability, and deeply preserved cultural heritage.

They'll work side-by-side with organizations advancing sustainability, protecting nature, and building climate-resilient communities.



TAKE ACTION LAB
Civic Innovation

CAPE TOWN, SOUTH AFRICA

FULL SEMESTER
FEBRUARY TERM | AUGUST TERM

Students get to live, work, and learn in a vibrant, multicultural, historically layered city.

They'll apprentice with organizations advancing universal civic innovation through food security, education, women's rights, youth empowerment, and services for refugees and migrants.

TLTN TAKE ACTION LAB

DON'T JUST ADAPT TO THE FUTURE - TILT IT

LEARN MORE AT TILTINGFUTURES.ORG